

New: Preventive Care Expenses are Now Eligible

An eligible expense is any healthcare or daycare expense approved by the IRS for reimbursement through a Limited-Purpose Flexible Spending Account (FSA). Eligible expenses can be incurred by you, your spouse, or your eligible dependents.

Beginning July 1, 2024, Chard Snyder's limited-purpose FSAs can be used for vision, dental, and now preventive care. You may also be reimbursed for preventive care expenses incurred anytime during your current plan year.

Sample List of Limited-Purpose FSA Eligible Items and Services

Dental Visits Contacts Dentures Eye Exams

Eyeglasses Dental Fillings/Implants Dental Surgeries Occlusal Guards Orthodontia or Braces Teeth Cleanings Dental Deductibles Dental Procedures

Examples of Eligible Preventive Care Expenses

Annual Check-Ups	Glucometers	Routine Prenatal Care
Blood Pressure Monitor	Insulin	Sunscreen
Diagnostic Procedures	Lab work	Well Child Visits
Flu Shots	MRI	X-rays

Preventive care expenses generally include diagnostic expenses that are for the detection or prevention of a medical issue, not to treat an existing condition.

Some preventive care items like preventive labs will be able to be purchased using the benefits card, but others will require you to submit a claim and provide substantiating documentation. In some cases, a prescription or letter of medical necessity may also be needed.



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