

# YOUR BENEFITS



## Medical - National Alliance/Capital Blue Cross:

- **Online Account Registration:**
  - Go to [MyHealthToolkitCapital.com](https://MyHealthToolkitCapital.com)
  - Select "Create An Account" and follow the instructions to create your account
    - If you already have an account, login with your Username and Password
- **How to obtain an Explanation of Benefits (EOB) Online**
  - Select "Claims & Authorizations"
  - Select "Claims"
  - Select "Health Claims" to find the claim you need to substantiate
  - Select "View Explanation of Benefits"
- **Mobile App Account Registration:**
  - Download the My Health Toolkit mobile app via the Apple App Store or Google Play Store
  - Select "Sign Up" and follow the instructions to create your account
    - If you already have an account, log in with your Username and Password
- **How to obtain an Explanation of Benefits (EOB) Mobile App**
  - Select "Claims" to find the claim you need to substantiate
  - Select "View Explanation of Benefits"



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## Vision - VSP:

- **Online Account Registration:**
  - Go to [vsp.com](https://vsp.com)
  - Select "Create An Account" and follow the instructions to create your account
    - If you already have an account, login with your Username and Password
- **How to obtain an Explanation of Benefits (EOB) Online**
  - Select "Benefits"
  - Select "Benefit History"
  - Select the applicable "Vision Benefit Statement" to view your Explanation of Benefits (EOB)
- **Mobile App Account Registration:**
  - Download the VSP Vision Care mobile app via the Apple App Store or Google Play Store
  - Select "New Here? Create an Account" and follow the instructions to create your account
    - If you already have an account, log in with your Username and Password
- **How to obtain an Explanation of Benefits (EOB) Mobile App**
  - Select "Benefit History"
  - Select the applicable "Vision Benefit Statement" to view your Explanation of Benefits (EOB)



## Dental - United Concordia:

- **Online Account Registration:**
  - Go to [UnitedConcordia.com](https://UnitedConcordia.com)
  - Select “Create an Account” and follow instructions to create your account
    - If you already have an account, login with your Username and Password
- **How to obtain an Explanation of Benefits (EOB) Online**
  - Select “Claims”
  - Select “Claims Detail”
  - Select “Explanation of Benefits (EOB)”
- **Mobile App Account Registration:**
  - First, create your account online at [UnitedConcordia.com](https://UnitedConcordia.com) and follow the instructions above
  - Download the United Concordia Dental mobile app via the Apple App Store or Google Play Store
  - Select “Sign In”
- **How to view an Explanation of Benefits (EOB) Mobile App**
  - Select “My Benefits”
  - Under “Recent Claims” select the claim to view additional details (You may view your EOB via the mobile app, but they are not available for download at this time. Please follow online instructions).



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## Prescriptions - CapitalRx:

- **Online Account Registration:**
  - Go to [cap-rx.com](https://cap-rx.com)
  - Select “Member Portal”
  - Select “Don’t have an account? Register Now” and follow instructions to create your account
    - If you already have an account, login with your Username and Password
- **How to obtain a Claim Online**
  - Select “Claims History”
  - Select “View” to see additional claim details
- **Mobile App Account Registration:**
  - Download the CapitalRx mobile app via the Apple App Store or Google Play Store
  - Select “Create Account” and follow the instructions to create your account
    - If you already have an account, log in with your Username and Password
- **How to obtain a Claim Mobile App**
  - Select “History”
  - Click on the claim to view details

